

INASMUCH HOUSE NEEDS LIST (905-529-8149)

TOILETRY ITEMS

*Shampoo
*Hair conditioner
Hand & body lotion
Toothpaste & toothbrushes

*Deodorant
Nail polish & remover
*Hairspray, mousse & gel
*Razors & shaving cream

Hair brushes, hair ties, clips
*Perfume/body spray
Make-up
Hand soap, body soap

FOOD ITEMS

Canned food: e.g. spaghetti sauce, tuna, salmon, flaked ham, stewed tomatoes, kidney beans, apple/orange juice, soup, kid's pasta's (Zoodles etc.)

Canned fruit: e.g. fruit cocktail, peaches, pears, etc.

Powdered juice: e.g. strawberry, peach, orange, etc.

Bread: e.g. hamburger/hot dog buns, sliced white bread/brown bread

Jell-O, pudding (any flavours), cookies, popcorn, chips, cake mixes (any flavours), etc.

Cold cereal: e.g. Rice Krispies, Corn Flakes, Froo tLoops, etc.

Instant coffee, ground coffee, tea bags- regular and herbal

Kraft dinner, rice, pasta etc.

Lunch Snacks: e.g. juice boxes, granola bars, fruit cups etc.

BABY NEEDS

Baby shampoo Baby oil & powder
Baby wash Baby wipes
Teething rings Q-tips,
Vaseline Sippy Cups
Brush Sets Baby monitors
Bottles (that don't need liners)
Diapers (all sizes)/ Pull-Ups
Thermometer (digital)
Pyjamas

CHILDREN

Colouring books
Crayons
School Supplies
Scissors
Board games for older children
Art & craft supplies
Socks, underwear, pyjamas

TEENS

Pencil cases and Backpacks
Games
CD's
Alarm clocks
Journals
Games for Wii
Binders, paper, pens, pencils
Youth oriented books
Socks, underwear, pyjamas

CLEANING SUPPLIES

Dish soap

Fabric softener

Powder laundry soap

MISCELLANEOUS

Adult and student bus tickets
Personal alarm clocks
Games, card games (eg. Uno, Skipbo)
Birthday gift wrapping paper
(women's & children's)

Lined blank journals
Puzzles for adults
Books
Paper towels

Pyjamas & under garments
Slippers (hard, not knitted)
Toilet paper and Kleenex
Bath towels, face cloths

FINANCIAL DONATIONS FOR:

Bus tickets to assist women in going to appointments
Bibles (NIV/NAS)
Devotional books
Pillows, comforters, sheets for 37 beds (single size)
Therapeutic books and video's
Therapeutic games and toys for children

HOUSEHOLD START-UP ITEMS

Dishes/ glasses
Pots and pans
Towels & wash cloths
Tupperware
Bedding
Cutlery

